

Asymptomatic Staff Testing Phase 2 - Lateral Flow Self-Test Kits

Introduction

As part of a national programme we have started twice weekly asymptomatic testing for all staff, using 'lateral flow antigen swab kits', which can be self-administered from home and produce results in 30 minutes. Lateral flow devices do not require a laboratory to process the test.

All NHS staff are encouraged to take part in this programme to ensure we continue to do everything we can to prevent and control the spread of infection across our region and organisation.

When you sign to collect your personal test kits and take part in this programme, you should be aware that:

- The personal details you provide and your lateral flow test result will be registered with NHS Test and Trace/The Department of Health & Social Care/ Public Health England who are the Data Controller for this lateral flow test.
- Your signature will act as a declaration that the test kits given to you will only be used for your personal use in accordance with this testing programme.

Getting Started



You will be provided with a box of test kits which will accommodate your testing needs for a specified period.



You must ensure you have watched the lateral flow self-testing training video, available on the national NHS learning hub <https://learninghub.nhs.uk/self-swab> and the MFT learning hub www.learninghub.mft.nhs.uk (both of which can be accessed from home) and the MFT Intranet.



Undertake your test twice a week, every three to four days to fit with shift patterns and leave requirements in line with the guidance documentation issued with your test (unless you have tested positive for COVID-19 in the last 90 days - please see below). This should be undertaken from home, in the morning or evening prior to attending work.



Complete the MFT Lateral Flow e-form after each self-test with your personal details, your lateral flow test result (i.e. positive or negative) and the test kit reference for national statutory reporting purposes. The e-form can be found at the following address <https://c19.mft.nhs.uk>.

Please turn over for information about acting on your result.

PROTECTING YOU. PROTECTING OTHERS.

Acting on your result

If your result is **NEGATIVE**

You are not required to take any action and can continue to work. Please take your next test as usual.

If your result is **INVALID**

If the test indicates an invalid result you must repeat the test with a new test kit immediately.

If your result is **POSITIVE**

In the event of a positive result, a further test (PCR swab) will need to be arranged at the Trust staff testing site*. This is a requirement of the national programme to confirm your result is accurate.

MFT Employees must...

e.g. WTWA, MRI, CSS, RMCH, SMH, LCO, MREH, UDHM, Group

1 **Report your positive result and your absence** (even if you are able to work from home) by calling **Absence Manager on 0330 808 0260**. Remember to have your employee assignment number to hand. When asked to record a reason for your absence please state **NATIONAL STUDY 2**.

2 **You and your household must self-isolate** and await a 'call back' to book you in to attend a PCR swab appointment at Alexandra Park Health Centre.

3 **Attend a PCR swab appointment.** You and your household need to continue to **self-isolate** until you receive the result of the PCR swab test.
If your PCR swab test result is negative, you and your household can stop self-isolating and you can return to work. If you are an MFT employee, you must close your absence by calling the Absence Manager system.
If this result is positive you must self-isolate and remain in your home for a period of 10 days from the date of your self-test. All members of your household must self-isolate and remain in your home for a period of 14 days from the date of your self-test.

Non MFT Employees must...

e.g. lead employer junior doctors, NHSP, locums, agency, students, University staff

1 **Report your positive result and your absence** (even if you are able to work from home) via your normal absence reporting process.

2 **You and your household must self-isolate.** Your manager will arrange your PCR swab test and a member of the testing team will call you to book a testing appointment.

How does this work with other testing programmes?

If you have tested positive for COVID-19 in the last 90 days you should **not** start twice weekly lateral flow testing. Testing should only start 90 days after the positive test was taken.

If you are already enrolled in another testing regime, this should not be replaced by the lateral flow tests. If you are participating in research studies where the frequency of testing is not weekly (e.g. monthly) you should undertake twice-weekly lateral flow self-testing as well.

Support & advice

For general support and advice if you receive a positive result, our Learning Hub and staff intranet holds a wide range of information and can be easily accessed from home via www.learninghub.mft.nhs.uk. Please note, you will need your employee assignment number to access.

*Please note: MFT is the Data Controller for the MFT PCR swab test